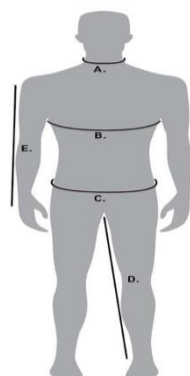
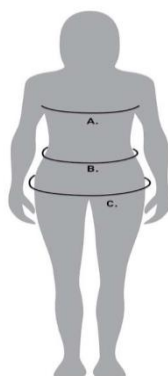


# BODY AND GARMENT MEASUREMENT GUIDES

## TAKING BODY MEASUREMENTS GUIDE



- A. NECK**  
The measurement is taken around the neck, at the collar level.
- B. CHEST**  
The measurement is taken around the fullest part of the upper chest, keeping the tape under the arms and around the shoulder blades.
- C. WAIST**  
The measurement is taken around the waist, keeping one finger between the tape and the body, for a comfortable fit.
- D. INSEAM**  
Measure from the top of the inner pant leg seam (the crotch) to the opening at the bottom of the pant leg.
- E. SLEEVE**  
Measure the length from the top stitching on the shoulder to the bottom of the wrist. Be careful not to measure too high above the wrist.

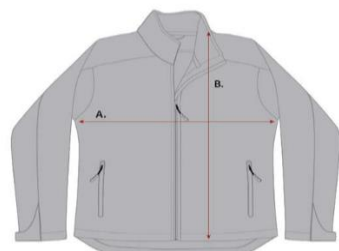


- A. BUST**  
The measurement is taken around the fullest part of the bust, keeping the tape under the arms and around the shoulder blades.
- B. WAIST**  
The measurement is taken around the waist, keeping one finger between the tape and the body, for a comfortable fit.
- C. HIPS**  
The measurement is taken around the fullest part of the hips, while standing naturally (approximately 22 cm down from the waist).

## CONVERTING BODY MEASUREMENTS TO GARMENT SIZES GUIDE

MENS JACKETS		MENS SHIRTS			MENS PANTS		LADIES TOPS			LADIES BOTTOMS		
TO FIT CHEST	SIZE	SIZE	COLLAR	TO FIT CHEST	SIZE	TO FIT WAIST	SIZE	TO FIT CHEST	TO FIT WAIST	SIZE	TO FIT WAIST	TO FIT HIP
87cm	92/XS	38/S	38cm	86/88cm	77	77/30	6	77/80	66/68	6	66/68	86/89
92cm	97/S	39/M	39cm	90/92cm	82	82/32	8/XS	82/85	71/73	8	71/73	91/94
97cm	102/M	40/M	40cm	94/96cm	87	87/34	10/S	87/90	76/78	10	76/78	96/99
102cm	107/L	41/L	41cm	98/100cm	92	92/36	12/M	92/95	81/83	12	81/83	101/104
107cm	112/XL	42/L	42cm	102/104cm	97	97/38	14/L	97/100	86/88	14	86/88	106/109
112cm	117/2XL	43/XL	43cm	106/108cm	102	102/40	16/XL	102/105	91/93	16	91/93	111/114
117cm	122/3XL	44/XL	44cm	110/112cm	107	107/42	18/XL	107/110	96/98	18	96/98	116/119
122cm	127/4XL	46/2XL	46cm	118/120cm	112	112/44	20/2XL	112/115	101/103	20	101/103	121/124
		48/3XL-4XL	48cm	126/128cm	117	117/46	22/3XL	117/120	106/108	22	106/108	126/129
		50/5XL	50cm	134/136cm			24/3XL	122/125	111/113	24	111/113	131/134
							26	127/130	116/118	26	116/118	136/139
							28	132/135	121/123			
							30	137/140	126/128			

## MEASURING GARMENTS GUIDE



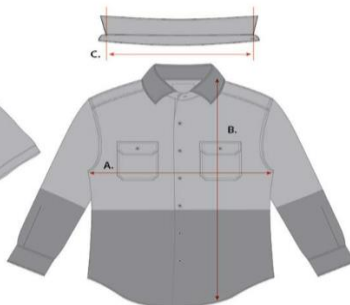
A. Chest Measurement:  
Across the chest, below the armpit

JACKET



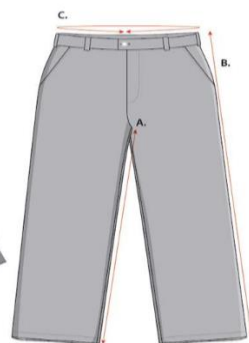
A. Chest Measurement:  
Across the chest, below the armpit

MENS POLO



A. Chest Measurement:  
Across the chest, below the armpit

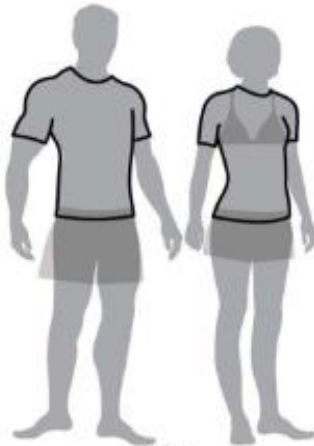
SHIRT



PANTS

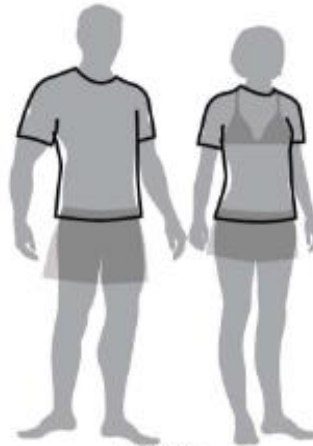
# FIND YOUR BEST SIZE FIT

FINDING A FIT THAT SUITS YOUR BODY IS VERY IMPORTANT. IT NOT ONLY HELPS IN COMFORT BUT ALSO MAKES YOU LOOK GREAT. USE BELOW CHART TO CHOOSE THE CORRECT FIT THAT SUITS YOUR STYLE OR FLATTER YOUR BODY SHAPE.



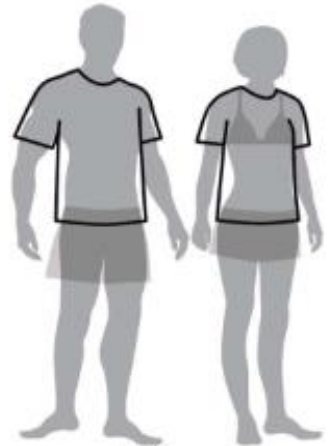
## SLIM FIT

This Fit is shaped to the body. To get a semi-fitted look you may buy one size up.



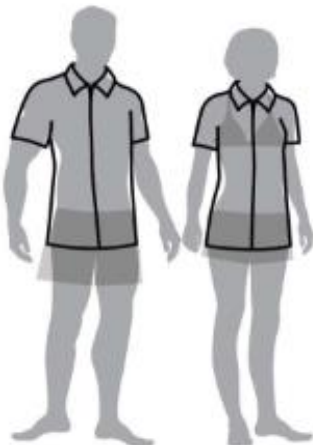
## MODERN FIT

This Fit follows the shape of the body and provides ease for movement.



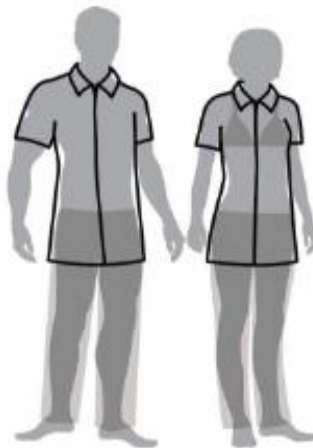
## EASY FIT

This is a Fit with extra ease for movement. The garment falls free from the body.



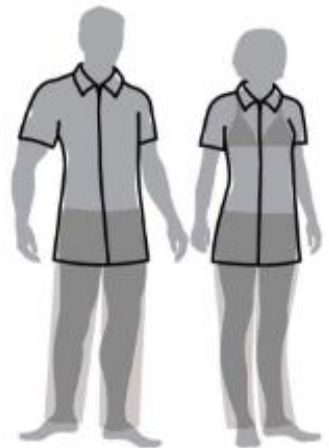
## CLASSIC FIT

Follows the shape of body and provides ease for movement, shirt can be tucked into pants or wear out.



## TAILORED FIT

Follows the shape of body and provides ease for movement, extra length provided to cover the back when bend down. The garment falls free from the body.



## MID-TAILORED FIT

Slightly slimmer than the Tailored-Fit, creating a more tapered shape over the body.



## REGULAR FIT

Follows the shape of body and provides ease for movement, extra length provided to cover the back when bend down. The garment falls free from the body.



## SEMI-FITTED

Garment is gently shaped following the body contour. Compatible with most body shapes.